

※白いマスがご予約可能

午前(10:00~12:30) 午後①(13:00~15:30) 午後②(15:30~18:00) 夜間(18:30~21:00)

体育室

| 8月 |   | 全面・バレー → 6マス |   |   |   |   |   |
|----|---|--------------|---|---|---|---|---|
|    |   | バトミントン → 3マス |   |   |   |   |   |
|    |   | 卓球 → 1マス     |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
| 1  | 金 | 午前①          | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 2  | 土 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 3  | 日 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |

| 8月 |   | 全面・バレー → 6マス |   |   |   |   |   |
|----|---|--------------|---|---|---|---|---|
|    |   | バトミントン → 3マス |   |   |   |   |   |
|    |   | 卓球 → 1マス     |   |   |   |   |   |
| 4  | 月 | 休館日          |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
| 5  | 火 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 6  | 水 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 7  | 木 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 8  | 金 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 9  | 土 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 10 | 日 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |

| 8月 |   | 全面・バレー → 6マス |   |   |   |   |   |
|----|---|--------------|---|---|---|---|---|
|    |   | バトミントン → 3マス |   |   |   |   |   |
|    |   | 卓球 → 1マス     |   |   |   |   |   |
| 11 | 月 | 休館日          |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
| 12 | 火 | 休館日          |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
| 13 | 水 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 14 | 木 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 15 | 金 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 16 | 土 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 17 | 日 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |

| 8月 |   | 全面・バレー → 6マス |   |   |   |   |   |
|----|---|--------------|---|---|---|---|---|
|    |   | バトミントン → 3マス |   |   |   |   |   |
|    |   | 卓球 → 1マス     |   |   |   |   |   |
| 18 | 月 | 休館日          |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
| 19 | 火 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 20 | 水 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 21 | 木 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 22 | 金 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 23 | 土 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 24 | 日 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |

| 8月 |   | 全面・バレー → 6マス |   |   |   |   |   |
|----|---|--------------|---|---|---|---|---|
|    |   | バトミントン → 3マス |   |   |   |   |   |
|    |   | 卓球 → 1マス     |   |   |   |   |   |
| 25 | 月 | 休館日          |   |   |   |   |   |
|    |   |              |   |   |   |   |   |
| 26 | 火 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 27 | 水 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 28 | 木 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 29 | 金 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 30 | 土 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 31 | 日 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|    |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |

※白いマスがご予約可能

午前(10:00~12:30) 午後①(13:00~15:30) 午後②(15:30~18:00) 夜間(18:30~21:00)

体育室

| 9月 |    | 全面・バレー → 6マス |  |  |  |  |  |
|----|----|--------------|--|--|--|--|--|
|    |    | バトミントン → 3マス |  |  |  |  |  |
|    |    | 卓球 → 1マス     |  |  |  |  |  |
| 1  | 月  | 休館日          |  |  |  |  |  |
| 2  | 火  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 3  | 水  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 4  | 木  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 5  | 金  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 6  | 土  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 7  | 日  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |

| 9月 |    | 全面・バレー → 6マス |  |  |  |  |  |
|----|----|--------------|--|--|--|--|--|
|    |    | バトミントン → 3マス |  |  |  |  |  |
|    |    | 卓球 → 1マス     |  |  |  |  |  |
| 8  | 月  | 休館日          |  |  |  |  |  |
| 9  | 火  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 10 | 水  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 11 | 木  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 12 | 金  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 13 | 土  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 14 | 日  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |

| 9月 |    | 全面・バレー → 6マス |  |  |  |  |  |
|----|----|--------------|--|--|--|--|--|
|    |    | バトミントン → 3マス |  |  |  |  |  |
|    |    | 卓球 → 1マス     |  |  |  |  |  |
| 15 | 月  | 休館日          |  |  |  |  |  |
| 16 | 火  | 休館日          |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 17 | 水  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 18 | 木  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 19 | 金  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 20 | 土  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 21 | 日  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
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| 9月 |    | 全面・バレー → 6マス |  |  |  |  |  |
|----|----|--------------|--|--|--|--|--|
|    |    | バトミントン → 3マス |  |  |  |  |  |
|    |    | 卓球 → 1マス     |  |  |  |  |  |
| 22 | 月  | 休館日          |  |  |  |  |  |
| 23 | 火  | 休館日          |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 24 | 水  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 25 | 木  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 26 | 金  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 27 | 土  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
| 28 | 日  | 午前           |  |  |  |  |  |
|    |    | ①            |  |  |  |  |  |
|    |    | ②            |  |  |  |  |  |
|    | 夜間 |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |
|    |    |              |  |  |  |  |  |

| 9月 |   |       | 全面・バレー → 6マス |  |  |  |  |  |  |
|----|---|-------|--------------|--|--|--|--|--|--|
|    |   |       | バトミントン → 3マス |  |  |  |  |  |  |
|    |   |       | 卓球 → 1マス     |  |  |  |  |  |  |
| 29 | 月 | 休 館 日 |              |  |  |  |  |  |  |
| 30 | 火 | 午前    |              |  |  |  |  |  |  |
|    |   | ①     |              |  |  |  |  |  |  |
|    |   | ②     |              |  |  |  |  |  |  |
|    |   | 夜間    |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |
|    |   |       |              |  |  |  |  |  |  |

※白いマスがご予約可能

午前(10:00~12:30) 午後①(13:00~15:30) 午後②(15:30~18:00) 夜間(18:30~21:00)

体育室

| 10月 |   | 全面・バレー → 6マス |  |  |  |  |  |
|-----|---|--------------|--|--|--|--|--|
|     |   | バトミントン → 3マス |  |  |  |  |  |
|     |   | 卓球 → 1マス     |  |  |  |  |  |
|     |   |              |  |  |  |  |  |
|     |   |              |  |  |  |  |  |
|     |   |              |  |  |  |  |  |
|     |   |              |  |  |  |  |  |
| 1   | 水 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 2   | 木 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 3   | 金 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 4   | 土 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 5   | 日 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |

| 10月 |   | 全面・バレー → 6マス |  |  |  |  |  |
|-----|---|--------------|--|--|--|--|--|
|     |   | バトミントン → 3マス |  |  |  |  |  |
|     |   | 卓球 → 1マス     |  |  |  |  |  |
| 6   | 月 | 休館日          |  |  |  |  |  |
| 7   | 火 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 8   | 水 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 9   | 木 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 10  | 金 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 11  | 土 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 12  | 日 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |

| 10月 |   | 全面・バレー → 6マス |  |  |  |  |  |
|-----|---|--------------|--|--|--|--|--|
|     |   | バトミントン → 3マス |  |  |  |  |  |
|     |   | 卓球 → 1マス     |  |  |  |  |  |
| 13  | 月 | 休館日          |  |  |  |  |  |
| 14  | 火 | 休館日          |  |  |  |  |  |
| 15  | 水 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 16  | 木 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 17  | 金 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 18  | 土 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 19  | 日 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |

| 10月 |   | 全面・バレー → 6マス |  |  |  |  |  |
|-----|---|--------------|--|--|--|--|--|
|     |   | バトミントン → 3マス |  |  |  |  |  |
|     |   | 卓球 → 1マス     |  |  |  |  |  |
| 20  | 月 | 休館日          |  |  |  |  |  |
| 21  | 火 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 22  | 水 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 23  | 木 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 24  | 金 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 25  | 土 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 26  | 日 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |

| 10月 |   | 全面・バレー → 6マス |  |  |  |  |  |
|-----|---|--------------|--|--|--|--|--|
|     |   | バトミントン → 3マス |  |  |  |  |  |
|     |   | 卓球 → 1マス     |  |  |  |  |  |
| 27  | 月 | 休館日          |  |  |  |  |  |
| 28  | 火 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 29  | 水 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 30  | 木 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |
| 31  | 金 | 午前①          |  |  |  |  |  |
|     |   | ②            |  |  |  |  |  |
|     |   | 夜間           |  |  |  |  |  |

※白いマスがご予約可能

午前(10:00~12:30) 午後①(13:00~15:30) 午後②(15:30~18:00) 夜間(18:30~21:00)

体育室

|     |   |    |              |  |  |  |  |  |  |
|-----|---|----|--------------|--|--|--|--|--|--|
| 11月 |   |    | 全面・バレー → 6マス |  |  |  |  |  |  |
|     |   |    | バトミントシ → 3マス |  |  |  |  |  |  |
|     |   |    | 卓球 → 1マス     |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
|     |   |    |              |  |  |  |  |  |  |
| 1   | 土 | 午前 |              |  |  |  |  |  |  |
|     |   | ①  |              |  |  |  |  |  |  |
| 2   | 日 | ②  |              |  |  |  |  |  |  |
|     |   | 夜間 |              |  |  |  |  |  |  |
|     |   | 午前 |              |  |  |  |  |  |  |
|     |   | ①  |              |  |  |  |  |  |  |
|     |   | ②  |              |  |  |  |  |  |  |
|     |   | 夜間 |              |  |  |  |  |  |  |

|     |   |              |   |   |   |   |   |
|-----|---|--------------|---|---|---|---|---|
| 11月 |   | 全面・パレー → 6マス |   |   |   |   |   |
|     |   | バトミントン → 3マス |   |   |   |   |   |
|     |   | 卓球 → 1マス     |   |   |   |   |   |
| 3   | 月 | 休 館 日        |   |   |   |   |   |
| 4   | 火 | 休 館 日        |   |   |   |   |   |
| 5   | 水 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 6   | 木 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 7   | 金 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 8   | 土 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |
| 9   | 日 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 |

|     |   |       |              |   |   |   |   |   |  |
|-----|---|-------|--------------|---|---|---|---|---|--|
| 11月 |   |       | 全面・バレー → 6マス |   |   |   |   |   |  |
|     |   |       | バトミントン → 3マス |   |   |   |   |   |  |
|     |   |       | 卓球 → 1マス     |   |   |   |   |   |  |
| 10  | 月 | 休 館 日 |              |   |   |   |   |   |  |
| 11  | 火 | 午前①   | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | ②     | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | 夜間    | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
| 12  | 水 | 午前①   | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | ②     | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | 夜間    | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
| 13  | 木 | 午前①   | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | ②     | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | 夜間    | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
| 14  | 金 | 午前①   | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | ②     | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | 夜間    | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
| 15  | 土 | 午前①   | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | ②     | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | 夜間    | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
| 16  | 日 | 午前①   | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | ②     | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |
|     |   | 夜間    | 卓            | 卓 | 卓 | 卓 | 卓 | 卓 |  |

|     |   |              |   |   |   |   |   |   |
|-----|---|--------------|---|---|---|---|---|---|
| 11月 |   | 全面・パレー → 6マス |   |   |   |   |   |   |
|     |   | バトミントン → 3マス |   |   |   |   |   |   |
|     |   | 卓球 → 1マス     |   |   |   |   |   |   |
| 17  | 月 | 休 館 日        |   |   |   |   |   |   |
| 18  | 火 | 午前①          | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 19  | 水 | 午前①          | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 20  | 木 | 午前①          | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 21  | 金 | 午前①          | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 22  | 土 | 午前①          | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 23  | 日 | 午前①          | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |

|     |   |              |   |   |   |   |   |   |
|-----|---|--------------|---|---|---|---|---|---|
| 11月 |   | 全面・バレー → 6マス |   |   |   |   |   |   |
|     |   | バトミントン → 3マス |   |   |   |   |   |   |
|     |   | 卓球 → 1マス     |   |   |   |   |   |   |
| 24  | 月 | 休 館 日        |   |   |   |   |   |   |
| 25  | 火 | 休 館 日        |   |   |   |   |   |   |
| 26  | 水 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 27  | 木 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 28  | 金 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 29  | 土 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
| 30  | 日 | 午前           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ①            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | ②            | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |
|     |   | 夜間           | 卓 | 卓 | 卓 | 卓 | 卓 | 卓 |